

**Infant Site**

Dallow Road, Luton, Bedfordshire, LU1 1TG  
 Tel: 01582 733764- Option 2  
 Email: infantadmin@foxdellprimary.uk

# Foxdell Primary School

Growing, Learning and Achieving Together

**Junior Site**

Dallow Road, Luton, Bedfordshire, LU1 1UP  
 Tel: 01582 733764- Option 1  
 Email: junioradmin@foxdellprimary.uk



## NEWSLETTER : Friday 14th February/ Spring Term: Issue: 3

### Head Teacher's Corner



Dear Families,

We have come to the end of another busy and productive half term. Learning has been in full swing and it has been wonderful to see so many of our children making fantastic progress over the half term.

Earlier this week, we shared our recent Ofsted report with you. We hope you had the chance to read it and see the improvements the school has made. We are incredibly pleased with the positive judgement across all five areas and this is a testament to the hard work and dedication of both staff and children.

This week, we had a reassessment of our Leading Parent Partnership Award (LPPA) and I am really pleased to share that we have been accredited for 3 years. Thank you to all the parents who took the time to come in and share their experiences of how we work together to keep you informed and engaged in your child's learning journey. It's always wonderful to hear your thoughts and feedback.

I would like to especially thank Mrs Tetteh and Mrs Ahmed for their effort in collating the evidence and sharing it with the assessor. Our children also had a chance to share their thoughts about our school and described it as 'diverse', 'hardworking', and 'fun'. This makes us very happy and proud as it reflects the positive atmosphere and dedication at Foxdell. We are always grateful for the role our families play in the life of the school, ensuring our children receive the best 'all-round' education possible. We look forward to continuing to strengthen our partnership with you and working together to support your child's growth.

We are saying goodbye to Mrs Tetteh, who has been a valued member of the Foxdell team for over 10 years. During her time here, Mrs Tetteh has held various roles and has made a positive impact on the lives of many children. She has decided to explore new ventures and while we will miss her, we wish her all the very best for the future. After half term, Miss Stimson will be teaching Cedar class alongside Mrs. Herchek.

I hope you all have a good week and look forward to seeing everyone on Monday 24th February.

Best wishes,  
 Mrs R Nisar  
 Headteacher

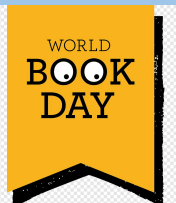


- Monday 17th February**  
School Closed  
Half term break
- Monday 24th February**  
Children Return to School
- Healthy Living Week
- Tuesday 25th February**  
Parent Consultation Evening
- Wednesday 25th February**  
Yr1 Phonics Workshop for parents
- Thursday 27 February**  
Parent Consultation Evening
- Y3 Whipsnade Trip
- Friday 28th February**  
Yr2 Whipsnade Trip
- Tuesday 4th March**  
Y6 Parents SATS session
- Friday 7th March**  
World Book Day

Don't forget the Reading Cafe at the Infant Site- every Thursday morning in your child's class!



### WORLD BOOK DAY 2025



We will be celebrating **World Book Day on Friday 7th March** at Foxdell. Children are welcome to dress up as their favourite book character on the day. We will have a visit from the author Julia Jarman and children will be taking part in book-related activities throughout the day. All children will receive a World Book Day token which they can use to buy one of the books for free, or get £1 off any book of their choice from a book shop.



# ATTENDANCE MATTERS

The new attendance guidelines came into place from 19th August 2024. More information and FAQs about attendance can be found on our school website: <https://www.foxdellprimary.uk/attendance-1/>

Government guidance can be found here:

<https://educationhub.blog.gov.uk/2024/08/19/fines-for-parents-for-taking-children-out-of-school-what-you-need-to-know/>

We are open for 190 days in a school year which equates to 380 sessions including the morning and afternoon registration.



**Our whole school attendance target is 96%**

The class with the best attendance each week wins the attendance trophy and receives a best attendance certificate. Children in Reception receive a lucky dip prize if they have 100% attendance for the week. Attendance for the last two weeks:

Class	Attendance WB 03.02.25	Attendance WB 10.02.25	Class	Attendance WB 03.02.25	Attendance WB 10.02.25	Class	Attendance WB 03.02.25	Attendance WB 10.02.25
Wrens	96.4%	93%	Badgers	97.7%	99.6%	Ash	96.8%	91.3%
Swifts	94%	91.7%	Hedgehogs	93.9%	97.1%	Ivy	92.7%	95%
Robins	88.8%	95.2%	Chestnuts	92.1%	92.1%	Cedar	94.5%	92.4%
Dragonflies	92.1%	84.8%	Acorns	95.7%	93.8%	Kestrels	97.8%	97.1%
Ladybirds	98%	98.3%	Pinecones	92.8%	93.8%	Kites	95.9%	96.6%
Butterflies	95.2%	84.1%	Beech	98.5%	93.1%	Eagles	94.4%	96.3%
Squirrels	97.5%	99.6%	Oak	93.2%	94.8%			



**Our Class H.E.R.O's for Week ending 07.02.25 and 14.02.25 are:**

**Infant Site: Ladybirds, Squirrels & Badgers**

**Junior Site: Beech & Kestrels**

# STARS OF THE WEEK



Congratulations to our STARS for the week ending 07.02.25 and 14.02.25

Robins	Wrens	Swifts	Dragonflies	Ladybirds	Butterflies	Badgers	Squirrels
			Haris Fazeel Huzaifa Delia	Zarnish Jasjot Erion Inayah	Ezaan Zaira Hussam Anastasia	Damanpreet Hayat Umar Jasdeep	Adam Aiza Umar Sergunn
Hedgehogs	Chestnuts	Acorns	Pinecones	Beech	Oak	Ash	Ivy
Ahmed Zainab Demyhr Vanessa	Safaa A Mohammed W Aamna Yussuf	Favour Hilary Sarah Samar	Bilal S Salwa T Aizah Bilal M	Mariam Dawid Taurab Hana	Rayann Hiba Younus Kashan	Meerub Shayan Raymond Aminah	Rosy Nicolas Zakariya Hiba
		Cedar	Kestrels	Kites	Eagles		
		Aysha Ahmad Abdul-Rahman Ismail	Enaya Aleena	Sumayah Rehan	Fatima Ayaan		

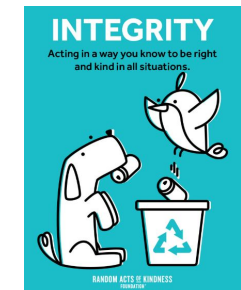
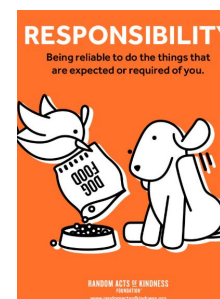
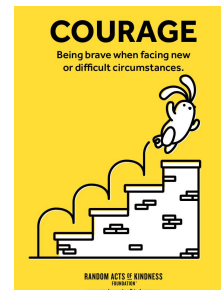
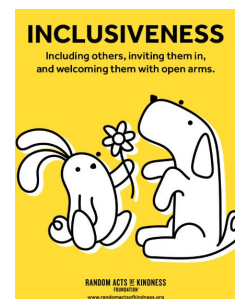
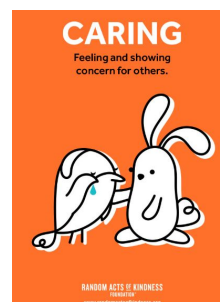
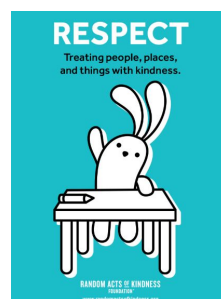


Our Value for Spring 1 is



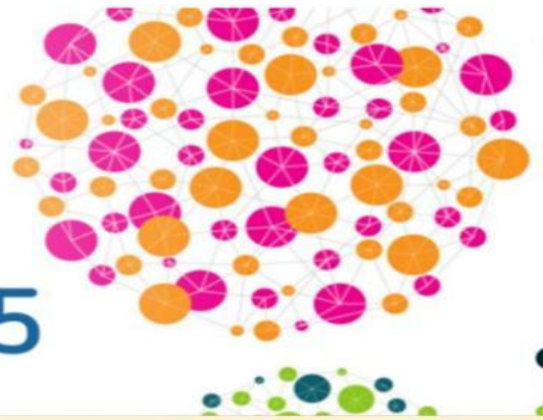
## Random Acts of KINDNESS

This week, we have been practising random acts of kindness. The children reflected on the acts of kindness they wanted to practice and then shared with their teacher how they had shown these kind gestures. We hope that they will continue to practise acts of kindness during the half term break.



# Around our School

## BRITISH SCIENCE WEEK 2025



## Adapt and Change

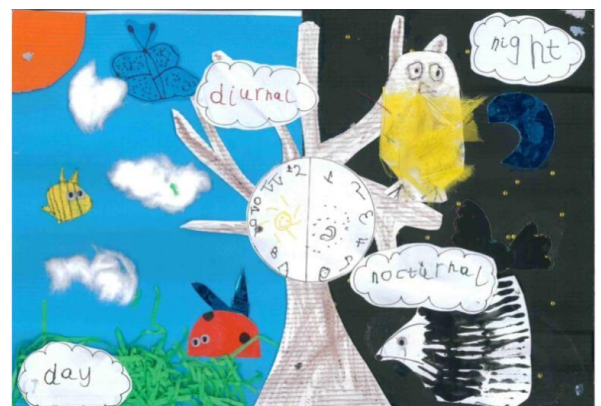
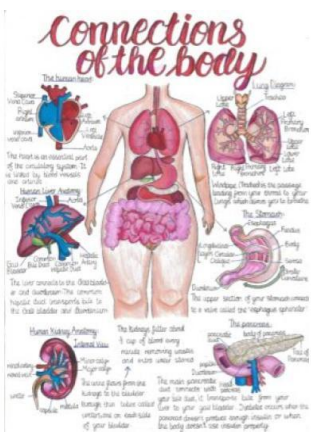
Deadline : 28th March 2025

You can create a poster showing:

- how plants and animals adapt to changing seasons or surroundings
- how humans have adapted to changing technology.
- how we can adapt our behaviours to protect the environment
- Your favourite science experiment and how it shows change.
- The more creative the interpretation of the theme, the better!

There will be one winner per year group. This will then be entered into the National Science Week Competition.

Have a look at some previous entries over the years.



# Around our School

LPPA

Improving  
parental  
engagement



AwardPlace

**FOXDELL PRIMARY SCHOOL**

*has been awarded*

## The Leading Parent Partnership Award

A National Standard for Effective Parent Partnership

Date of issue: 11 FEBRUARY 2025

Expires: 11 FEBRUARY 2028

A handwritten signature in black ink, appearing to read 'S. Reynolds'.

**Steph Reynolds**

Managing Director, Optimus Education



**OPTIMUS EDUCATION**

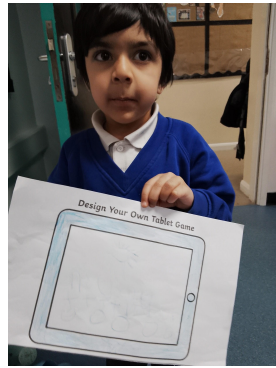
# Around our School

## Year R

Reception had an excellent time during Children's Mental Health Week, and learnt to look after our bodies and brains. We took part on a live Yogabugs session along with the rest of the school.

For Safer Internet Day, we learnt all about how to use the internet with help of Smartie the Penguin who showed us how to stay safe online. We created our own tablet games as part of our learning.

In the Woodland Room. the children practised doubling using butterflies and ladybirds.



## Year 1

Year 1 have enjoyed a range of theme days and events recently. The children were amazing at sharing emotions that they know and situations when they may have those emotions.

They enjoyed a range of activities for number day. A particular highlight was playing number bingo.

The children have developed their understanding of how to stay safe online and they are aware of what is and what isn't safe to put online.



## Year 2

We had a fantastic half term full of great learning and fun special days.

This week we celebrated Safer Internet Day and children took part in different activities.

We had a great day celebrating Number Day. Children completed different challenges, they visited a shop and took part in maths quizzes.





# Around our School

## Ridgeway Photography Workshop Ivinghoe Beacon



A very lucky group of Year 5 and 6 children took part in a photography workshop last week. The pupils were taught by a professional photographer how to use a digital camera and how to get the best landscape photographs. Despite it being a dull day, the pupils took some amazing photographs and feel that they learnt a lot during this experience.

All our pupils' photographs have been entered into a competition and they could have their images displayed in an exhibition at Queen's Park Arts Centre in Aylesbury in 2025.

If you would like to find out more about the project, please visit their website:

<https://sharpshotsphotoclub.co.uk/ridgeway-50-photos-project/>

**THE RIDGEWAY**  
NATIONAL TRAIL

MATT WRITTLE PHOTOGRAPHER



Supported using public funding by  
**ARTS COUNCIL ENGLAND**



# Around our School

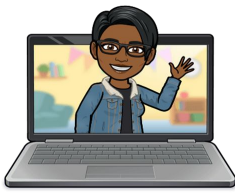
## Year 3 Indus Valley Civilisation

This half-term, Year 3, has been learning about the Indus Valley Civilisation, which began nearly 5,000 years ago in modern-day Pakistan and northern India.

Our homework project for the past two weeks has been to create a 3D representation of an Indus Valley city.

The children have worked hard on this project, and here are photographs of some of their well designed, artistic work.





# ONLINE SAFETY CORNER



Tuesday was Safer Internet Day and this year's theme was 'Too Good to be True? Protecting yourself and others from scams online.'

We joined children from all over the country in a live Safer Internet Day assembly.

In the afternoon, the children had fun online safety lessons including learning about phishing and scams. Some of the children even wrote an online safety rap.



To keep our children safe, online safety is a key part of our computing lessons each week and we encourage you to talk to your children about their online activities and check what they are accessing. If you need any assistance with setting parental controls or locks on devices, please contact the school and we will be happy to assist you.

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>



e-safety adviser

Stay safe online





# ONLINE SAFETY CORNER



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

### WHAT ARE THE RISKS?

"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

### "CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

### SALES, DEALS & DISCOUNTS

Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

### YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and suchlike. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

### FALSE FRIENDSHIPS

Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

### PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

### FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are fake or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

## Advice for Parents & Educators

### STAY INFORMED

Stay up to date with the latest information and best practice on cyber-security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

### ENCOURAGE HEALTHY SCEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

### TALK TOGETHER

Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

### BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, false information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

### Meet Our Expert

Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit [OnlineMediaLaw.co.uk](https://OnlineMediaLaw.co.uk) for more.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/fake-news-and-scams>



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2025

# SEND/ Health and Wellbeing

## SUMMER ACTIVITY SCHEMES 2025

AGES  
3 - 17  
YEARS

Date request form is going  
live from

**SATURDAY 15TH FEBRUARY  
AT 3PM**

**MONDAY 28TH JULY TO FRIDAY 8TH AUGUST  
9:30PM - 3PM**

**It is first come, first serve.**

You can use any device and no printing is needed.  
You will get a confirmation on screen and an email  
with dates within 4 weeks.



Summer Activity Schemes offer onsite and community activities for Bedfordshire's autistic youth who live in Bedfordshire. They are respite services in Bedford and Luton.

### Accessibility Issues

Please contact us by Wednesday 10th February if you have any accessibility issues with online booking. Call 01234 214871 or email [summerscheme@autismbeds.org](mailto:summerscheme@autismbeds.org).

# SEND/ Health and Wellbeing



## SLEEP ADVICE FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITY (SEND)

If you have a child with additional needs and sleep issues, bedtime can be tricky. Here is some advice that may help if your child struggles to drop off or stay asleep.

- Explore reasons for your child's sleep issues. Underlying reasons may include sensory processing difficulties, lack of understanding about night and day or medical issues.
- Record what is happening at night by using a sleep diary. Share this information with professionals to see if they can help you to explore why your child may have sleep issues and which might be appropriate strategies to try to improve your child's sleep.
- Use visual clues to support your child's understanding. Visual timetables can help to show your child what is going to happen next during the bedtime routine. This can make the evening calmer and easier for you and your child.
- Television viewing may hinder melatonin production so avoid any screens in the hour leading up to bedtime - this includes mobile phones and computer screens.
- Review your child's diet to ensure that they are not eating or drinking anything sugar loaded before bedtime.
- Melatonin is the hormone that helps us to fall asleep and some research suggests that some children with SEND may not produce enough or may release it later in the evening. Replace TV with calm activities like completing a puzzle together or colouring.
- Make sure your child is getting enough physical activity during the day and enough day light, particularly exposure to morning light.
- Slow down activities at the end of the day to help your child relax and prepare for sleep.
- Reduce talking and noise in the house or try calming music at bedtime. You can also consider a white noise machine if this is something your child likes.
- Adjust light levels in the room to help the release of melatonin. Use warm/yellow light rather than harsh white light. Blackout curtains reduce bright light coming into the bedroom in summertime. If your child is visually impaired or hearing impaired then sleeping in total darkness may be disorientating for them.

# SEND/ Health and Wellbeing



## SLEEP ADVICE FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITY (SEND)

- Ensure that your child is in a routine and put them to bed at the same time each night. It is also important to wake them at the same time each morning.
- Having a warm bath or shower before bed leads to a drop in body temperature that can help your child feel more relaxed and get to sleep more easily.
- Review your child's bedroom and assess whether it is a good environment to promote sleep. Put toys away or cover them up so your child is not visually distracted. Avoid strong cooking smells or perfumes near your child's sleeping area. Your child may have a favourite calming scent that they like to smell.
- Consider how their bed feels and whether it meets their sensory needs. Your child may have favourite pyjamas or prefer certain textures against their skin. Let them choose what type of bedding they have.
- Some children like to use a weighted blanket while they settle to sleep, however do not leave a child unsupervised with a weighted blanket, or allow them to use it whilst sleeping. A lycra sheet can be used on the mattress to provide touch pressure and a feeling of security.
- Use deep touch pressure such as firm hugs and/or massage to help calm your child's sensory system (link to hands on massage video).
- Sleep problems can be complex and it is important to try to identify possible causes, these can include anxiety issues, behavioural sleep issues as well as medical factors. Ask your health practitioners for guidance. Make sure that you tell them about any unusual night time behaviours such as snoring, teeth grinding or night terrors too.

### Resources

- 'Hands on' technique for regulation video [youtube.com/watch?v=tvP2z7Xkuyw](https://www.youtube.com/watch?v=tvP2z7Xkuyw)
- Visual schedules video [youtube.com/watch?v=C9mkQ8ZSQ0g](https://www.youtube.com/watch?v=C9mkQ8ZSQ0g)
- Icons to make your own visual timetable [dropbox.com/sh/c9nu6c95@kqr0/AAA9\\_T8o64Jdq\\_BU1HsuojuGc?dl=0](https://dropbox.com/sh/c9nu6c95@kqr0/AAA9_T8o64Jdq_BU1HsuojuGc?dl=0)
- Visual timetable examples [dropbox.com/sh/6wbfu6c5tjy0g/AACyo7KHfnUy4RRG37k3WtWw?dl=0](https://dropbox.com/sh/6wbfu6c5tjy0g/AACyo7KHfnUy4RRG37k3WtWw?dl=0)

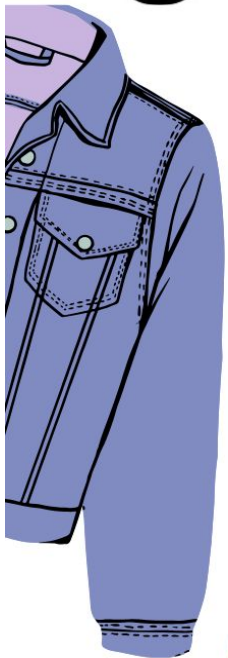
For more information and advice, visit [The Sleep Charity](https://www.thesleepcharity.org.uk) at [thesleepcharity.org.uk](https://www.thesleepcharity.org.uk) or contact us on [info@thesleepcharity.org.uk](mailto:info@thesleepcharity.org.uk)



Wale Lodge, Woodfield Park, Thirlit Road, Bally, Doncaster DN4 6QN  
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THE SLEEP CHARITY is a charity incorporated in England registered with the Charity Commission under registration number 102205.

# Community



## £1 Clothing Sale

**Saturday 15th February**

**10 am - 12 pm**

**Farley Hill Methodist Church**

**North Drift way**

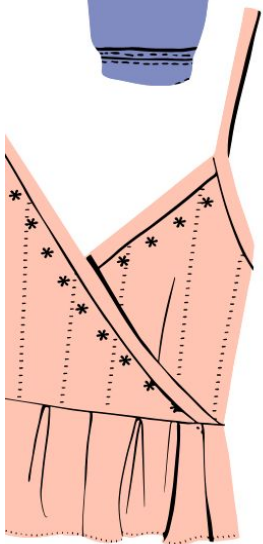
**Farley Hill, Luton**

**LU1 5JG**

**£1 admission**

Ladies, Men's & Childrens  
Vintage, New & Pre-loved  
clothing.

All £1 each!



Tea, Coffee & cake only £1 each.

A portion of the money  
raised on the day will be  
donated to the  
Farley Hill Methodist  
Church to help with the  
running costs.

Cash preferred

**FOLLOW US ON  
FACEBOOK**