



**Smile!**  
It's National  
Smile Month

We are celebrating National Smile Month to raise awareness about oral hygiene. Find out how to build healthy habits at homes!

## GETTING CHILDREN INTERESTED IN THEIR ORAL HEALTH

It is not always easy, but it is essential to help your little ones build healthy habits which last a lifetime.

### USE REWARD CHARTS

Let them choose a sticker to place on a reward chart every time they brush their teeth. Once it's full let them trade it in for a reward like a bedtime story or a treat - just not sweets!

### BRUSHING APPS

Children nowadays are tech-savvy and there are lots of toothbrushing apps out there which are great for kids. One good example is BrushDJ, which was developed by a UK dentist to make brushing fun.

### MAKE BRUSHING FUN

There are lots of good toothbrushes and toothpastes aimed at children which encourage them to brush their teeth, like singing toothbrushes and fruit flavoured toothpaste.

### GET CREATIVE

Think outside the box. Let children brush the teeth of their toys, play dentist with them, sing songs and tell stories about brushing, and you can even give them a go at cleaning your teeth!



**FOR A HEALTHY MOUTH THEY CAN BE PROUD OF, CHILDREN SHOULD...**

- Brush their teeth twice a day with a fluoride toothpaste.
- Keep sugar consumption to mealtimes.
- Visit the dentist regularly, as often as they recommend.



Learn more about your oral health at

[WWW.SMILEMONTH.ORG](http://WWW.SMILEMONTH.ORG) #SMILEMONTH

# Community

**Empowering**  
EDUCATION  
Committed to educating communities



**#Keep  
LUTON  
Tidy**

**Community Litter Pick**

**29/05/25**

**10am**

**Dallow Ward**

**Runley Rd, LU1 1UA**



We have a  
whatsapp  
group

Register on website

All equipment provided.

Accompanied children  
welcome.

Supported by:



Join the movement  
**Sweeping** across Luton

[ABCD-in-Luton.org/Dallow](http://ABCD-in-Luton.org/Dallow)

**Luton  
Rising**

Luton in  
**Bloom**

Guided tour of the best kept secret in Luton

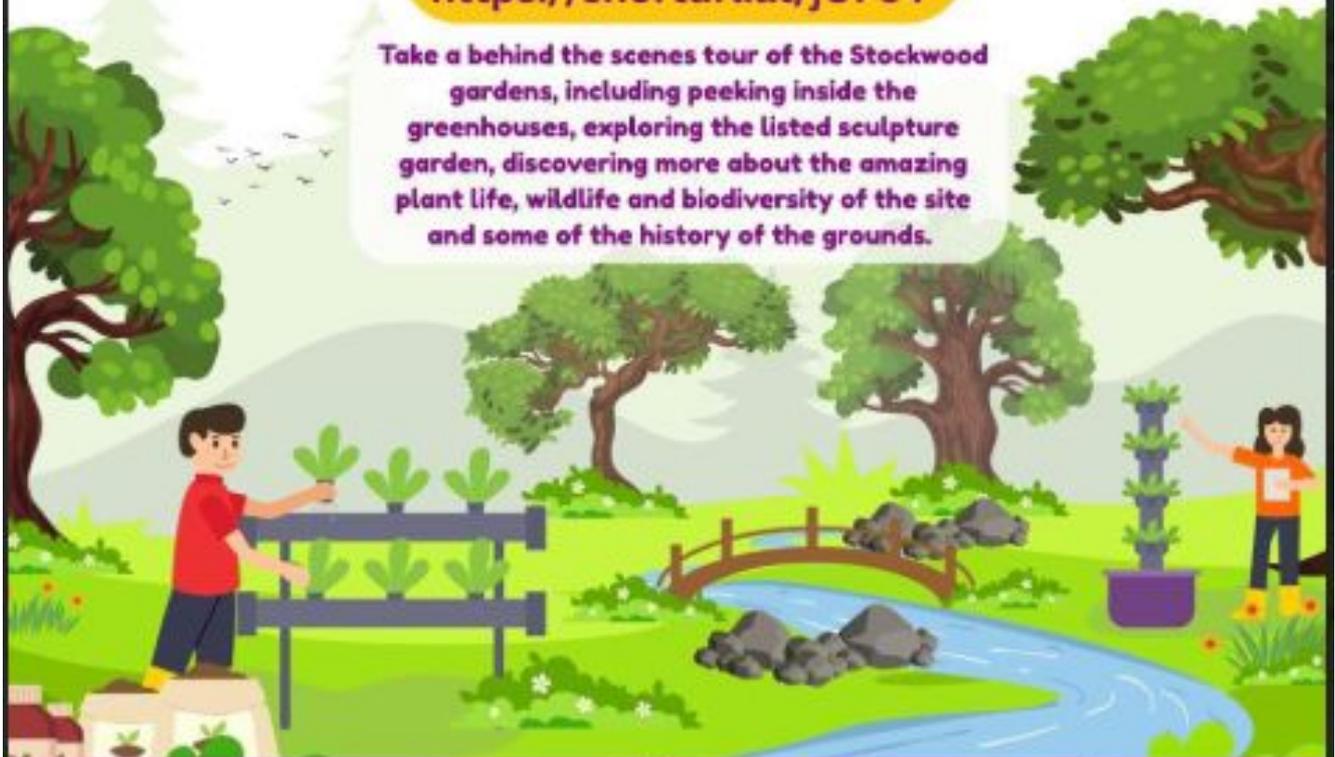
# STOCKWOOD GARDENS TOUR

THE OUTLINE  
TOILET  
Luton

29<sup>th</sup> May 2025, 11am-12.30pm  
Meet at Stockwood Discovery Centre

Register Now:  
<https://shorturl.at/jUFe4>

Take a behind the scenes tour of the Stockwood gardens, including peeking inside the greenhouses, exploring the listed sculpture garden, discovering more about the amazing plant life, wildlife and biodiversity of the site and some of the history of the grounds.



**Luton  
Rising**

WORLD IPM

**NEAR  
NEIGHBOURS**

**Luton**



Luton Council



Luton Luton Airport



Access to  
dental  
services

Oral  
health  
advice

Activities  
for  
children

# FREE Dental pop-up clinic for under 10s

If your child is  
in pain, please  
call 111 for  
advice, and do  
not attend

## Thursday 29 May

10am to 1.30pm

Luton Central Library, St George's Square



Free  
tooth brush  
& paste  
for all

Fluoride  
available



part of



Luton  
Family  
Hubs

# Luton

# Community



## TEID FESTIVAL LUTON

**WARDOWN PARK**  
6/7 & 8 JUNE, TWO - DAY CELEBRATION

**NEW**

**PRAYER LOCATION**

**WARDOWN CRICKET PITCH**

**10 AM SALAH**

EVENT PARKING: POPES MEADOW LU2 7HP

**FREE ENTRY**

**ALL RIDES £2 AFTER EID PRAYER UNTIL 1PM**

**THE ONLY PLACE TO SPEND EID!**

Over 30 Funfair Rides & Attractions • Animals • Circus Acts • BBQ Food  
Desserts • Fire Jugglers • Quran Competitions • Eid Fireworks Finale!

**TEID BEACH IS BACK!**

**BOOK NOW! WWW.IEID.NET**

WE ARE 100% VOLUNTARY MANAGED ORG- SUPPORT OUR CHARITY (NO.1144566)  
**TO SPONSOR, BOOK A STALL OR VOLUNTEER CONTACT US:**  
INFO@IEID.NET 07958 183 184 OR VISIT WWW.IEID.NET

DONATE | VOLUNTEER  
SUPPORT | @IEIDUK



British Theatre  
SCHOOL



# Theatre Holiday Camps

Come out of the crowd.

**Berkhamsted**  
**July 21st - 25th**  
**09:00 - 16:00**

Get 15% off with your school discount:

**PARTNERSCHOOL15**



**Junior camps: Ages 6 - 8 / 9 - 12**

**OFSTED Registered: Pay via Childcare Vouchers**

Int. British Theatre School | [www.britishtheatreschool.com](http://www.britishtheatreschool.com) | @BritishTheatreUK on Socials

British Theatre  
SCHOOL

International British Theatre School Camp  
Limited to 24 spaces per week.

**Register today**

[www.britishtheatreschool.com/register](http://www.britishtheatreschool.com/register)