

**Infant Site**

Dallow Road, Luton, Bedfordshire, LU1 1TG  
 Tel: 01582 733764- Option 2  
 Email: infantadmin@foxdellprimary.uk

# Foxdell Primary School

Growing, Learning and Achieving Together

**Junior Site**

Dallow Road, Luton, Bedfordshire, LU1 1UP  
 Tel: 01582 733764- Option 1  
 Email: junioradmin@foxdellprimary.uk



## NEWSLETTER : Friday 13 September/ Autumn Term: Issue:1

### Head Teacher's Corner

Dear Families,

Welcome back to the new academic year. We are all looking forward to a great year ahead.

This week we welcomed our new Reception children. They have been very excited and enthusiastic about starting school and are already settling into school routines. We have had a fantastic start to the year for the rest of the school too and the children have settled well to their new year groups and classes.

This year, we have adopted Therapeutic Thinking; a therapeutic approach to supporting behaviour. Therapeutic Thinking is an approach that has been adopted by Luton and the vision is that all schools in Luton will follow this approach.

Therapeutic Thinking is a whole school cultural approach that focuses on improving the educational experiences and outcomes for all children. It focuses on how all children and young people can be supported, particularly with their emotional wellbeing and mental health. The aim of this approach is to promote the inseparable link between teaching, learning and behaviour and to support the inclusion of pupils with difficult or dangerous behaviours. The principles of this approach are not new to us and will complement the work that we are already doing as a Trauma Informed school.

To help our children to learn and understand the expected behaviour, we have started this year by introducing our new 'Foxdell Way Behaviour Curriculum'. Throughout the first few days of school, the children have practised routines and expected behaviours and it has been wonderful to hear them talk about the Foxdell Way.

We are a uniform school. It is really important that all the children wear the correct school uniform and PE kit on PE days. Please speak to your child's class teacher or Year Leader if you have any questions about the uniform. If children are not in the correct uniform/ PE Kit, you will receive a phone call asking you to bring it in for them.

Please do let us know if any of your contact details have changed and please check your emails regularly as this is the main way we will be sending out information from school to families.

I wish you all a lovely weekend.

Best wishes,

Mrs R Nisar  
 Headteacher



**Monday 16th - Wednesday 18th September**  
**Graham Water Residential**

**Tuesday 17th September**  
**Y6 Parents Welcome Meeting - Junior site**  
**2:45-3:45pm**

**Wednesday 18th September**  
**Y5 Parents Welcome Meeting - Junior site**  
**9-10am**

**Y2 Parents Welcome Meeting - Infant site**  
**2:30-3pm**

**Thursday 19th September**  
**Y4 Parents Welcome Meeting - Junior site**  
**9-10am**

**Y1 Parents Welcome Meeting - Infant site**  
**2:30-3pm**

**SEND Coffee Morning - Meet the SENDCO - Junior Site**  
**9:30-10:30**



### ATTENDANCE and PUNCTUALITY

We hope that you will work with us on attendance and punctuality. The new attendance guidelines came into place from 19th August 2024. More information and FAQs about attendance can be found on our school website:

<https://www.foxdellprimary.uk/attendance-1/>

Government guidance can be found here:

<https://educationhub.blog.gov.uk/2024/08/19/fines-for-parents-for-taking-children-out-of-school-what-you-need-to-know/>

**Don't forget the Reading Cafe at the Infant Site- every Thursday morning in your child's class!**



# ATTENDANCE

Our whole school attendance target is **96%**

We are open for 190 days in a school year which equates to 380 sessions including the morning and afternoon registration.



Class	Attendance with the best attendance certificate. WB 4.9.24	Attendance with the best attendance certificate. WB 9.9.24	Class	Attendance in week wins the attendance trophy. WB 4.9.24	Attendance in week wins the attendance trophy. WB 9.9.24	Class	Attendance trophy and receives a prize if they have. WB 4.9.24	Attendance trophy and receives a prize if they have. WB 9.9.24
Wrens			Badgers		97.5%	Ash		92.2%
Swifts			Hedgehogs		97.1%	Ivy		96.6%
Robins			Chestnuts		97.9%	Cedar		97.2%
Dragonflies		98.5%	Acorns		96.5%	Kestrels		94.6%
Ladybirds		97.9%	Pinecones		97.3%	Kites		94.7%
Butterflies		93.2%	Beech		98.2%	Eagles		98.3%
Squirrels		96.9%	Oak		98.8%			



Our Class H.E.R.O's for Week ending 13.9.24 are:

Infant Site: Dragonflies

Junior Site: Oak

# STARS OF THE WEEK



Congratulations to our STARS for the week ending 13.9.24

Robins	Wrens	Swifts	Dragonflies	Ladybirds	Butterflies	Badgers	Squirrels
			Aairah Ali	Zafirah Asad	Patricia Musa S.	Maria Umar	Sargunn Timofei
Hedgehogs	Chestnuts	Acorns	Pinecones	Beech	Oak	Ash	Ivy
Aayra Ayla	Maryam A Rayaan U	Areen Halima	Salwa T Eshan	Ibrahim Fatima	Umaima Mehtab	Hasham Meerah	Sahas Lily
		Cedar	Kestrels	Kites	Eagles		
		Shiven Anjaya	Aleena Abdul-Zakary	Zara Adnan	Kaleem Ajwa		



## Tips to teach RESPONSIBILITY

- Let your kids know their responsibilities.**  
To ensure there's no confusion, sit down with your child and make a list of their responsibilities.
- Be consistent.**  
When teaching accountability, consistently integrate it into your child's behavior and routine.
- Give children age-appropriate chores.**  
This is associated with social, emotional and academic benefits and makes children more self-reliant.
- Show children how to change their behavior.**  
Teaching children personal responsibility is not about punishing or disciplining them – it's about teaching them to make amends for intentional or unintentional behavior.
- Set an example.**  
The best way to teach children about personal accountability is by being accountable yourself.

## Our Value for Autumn 1 is

# Responsibility

<b>What does it mean?</b> make good choices caring about yourself and others	<b>Characteristics</b> on your own without being told trustworthy dependable
<h2>RESPONSIBLE</h2>	
<b>Examples</b> <ul style="list-style-type: none"> <li>Keep your desk clean</li> <li>pick up papers</li> <li>finish work</li> <li>put materials away</li> <li>stay on task-focus</li> <li>ignore people</li> </ul>	<b>Non-Examples</b> <ul style="list-style-type: none"> <li>messy desk</li> <li>unfinished work</li> <li>tell people answer</li> <li>copying other people</li> </ul>
WHAT I have LEARNED	

# Around our School



## Foxdell Macmillan Coffee Morning

Come along and join us for coffee and cake to support  
Macmillan Cancer Research.

Venue: **Foxdell Junior Site** on Wednesday 2nd October 2024

Time: 9:00am-10:00am

Cost: Charity Donation- cakes and biscuits will be on sale

Donations of shop bought cakes/biscuits or money are welcome prior  
to the event.

For further information please contact the Family Workers.

An opportunity to meet new parents and the Family Workers and socialise over a  
cuppa and cakes!



## Family Workers Corner



### ESOL & ICT course for parents

Enrollment 9am, Monday 16th September - JUNIOR site



**ESOL Classes**  
English for Speakers of Other  
Languages

### Macmillan Coffee Morning

Please join us, Wednesday 2nd October at 9am for the Macmillan Coffee Morning in  
raising money for Cancer Research. An opportunity to meet and greet the Family  
Workers and other parents.



### Parent Survey

Please look out for the parent survey we will send out for you to complete, providing us  
with valuable information about your child's needs and interests. If you require any  
support in completing the survey please contact the school office and ask for the family  
worker.



# Around our School

## Year R

This week we have been working hard on learning the rules and routines in Reception. We have played games and sung songs that introduce ourselves to each other and made new friends.

In Maths we have been working on our oral counting using songs like '1, 2, 3, 4, 5 Once I Caught a Fish Alive'. We have practised counting using our fingers and pictures.

This week we have also learnt how to use our outside area safely; using the mud kitchen to make recipes, and making driving licences to ride our bikes.



## Year 1

In Maths, the children enjoyed sorting and counting a range of objects based on colour, shape and size.

In History, we have started to learn about Guy Fawkes and The Gunpowder Plot. We loved making our own explosion.



## Year 2

This week, in maths, children had a lot of fun making numbers using different resources.

Also, in science, we were learning about microhabitats and the children went outside to identify what creatures might live around our school.



# Around our School

## Year 3

The children have settled into their new classes and have been learning to show kindness to each other and waiting patiently through turn taking games like chess. We may have a few chess grandmasters among our children.



## Year 5

The children have had a really positive start to the new year by learning and practising the behaviour needed to be an excellent learner.

This week they also began their music lessons where they will be learning to play the ukulele.



## Year 4

It has been lovely to welcome the children back into school this term and they have now settled well into Year 4. To grab the children's attention before they start their English unit, they had the opportunity to watch a magic show.



## Year 6

Year 6 have had a fantastic first week back to school. The children have been busy writing persuasive letters to show why they would be excellent prefects in Foxdell. This week, they have been exploring how an author builds suspense and describes settings in Darwin's dragon.





## 10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Phones and computers are essential parts of children's lives, but with unfettered internet access comes a multitude of risks. While not foolproof, parental controls can help with this; filtering out inappropriate content, limiting the ability to spend real money, capping screen time and generally making devices safer for young people.

### 1 KNOW THE TYPES



While parental control software can apply to an entire device, it also pays to know about options on individual apps and websites. TikTok, for example, has Restricted Mode for limiting unsuitable videos, while Snapchat lets you keep an eye on who a child has been talking to. Check the settings of any new app young users want and review your options.

### 2 COVER ALL DEVICES



Knowing what parental controls cover is crucial, as remaining unaware can run the risk of 'blind spots' in the device's safety measures. Controls on a phone will apply whenever a child's on that device, for instance – but you'll want to ensure that parental controls are set up across any laptops, tablets and potentially other phones, too. Remember, buying a new device may require you to set everything up again.

### 3 DON'T NEGLECT SHARED TECH



While children often have their own devices, if you have a shared family computer or tablet, for example, you'll need to make sure that's not a weak point in your safety measures. Parental controls for your router, that cover everything connected to your Wi-Fi, are one option – or you can just be thorough with each device and online account. Just ensure that unprotected laptops, phones and tablets are password locked.

### 4 CONSIDER TIME CONTROLS



Even safe internet content can be harmful if it's viewed in excess. Not only are certain apps addictive enough to distract from other duties, but late-night usage can badly disrupt sleep, which is vital for adolescent brain development. Most parental controls offer some kind of time limit – either blocking access at certain hours or capping the number of minutes it can be used per day – so be sure to consider these.

### 5 BLOCK APP SPENDING



Seemingly free apps can sometimes include microtransactions: purchases that can be made using real money. While plenty of developers implement these fairly, some companies attempt to manipulate children into paying for additional features or content, which can soon add up to hundreds of pounds if a child gets carried away. Thankfully, iOS and Android's settings allow you to block in-app purchases, preventing any huge bills.

### 6 NO CONTROLS ARE PERFECT



Parental controls can be very useful, but they're far from infallible. Some unpleasant content can and unfortunately will slip through the net, so remember that setting up these measures isn't a substitute for taking an active interest in young people's digital lives. Talk to them, and make sure they're aware of the risks of the internet as well as its benefits.

### 7 MIND THE GAPS



There'll undoubtedly be some gaps in parental controls, no matter how thorough you intend to be. For example, if you use router-level parental controls, bear in mind that these won't cover WiFi outside the home. For that reason, it's important to keep an open dialogue with children about the many unpalatable aspects of social media and the web.

### 8 KEEP THINGS SECURE



Some children can react poorly to parental controls and feel tempted to circumvent them. It's important to ensure that the passwords to these settings remain unknown to children, otherwise they can easily modify the restrictions without you knowing. Similarly, make sure your phone isn't left unlocked and unattended.

### 9 REVIEW CONTROLS REGULARLY



Parental controls shouldn't be a 'set and forget' deal. Not only can parental summaries provide you with a frequent overview of a child's digital life – to let you spot any warning signs – but companies often add new features, and some of these may be useful to enable (or disable). Regularly checking in ensures that if a child has found a way to wiggle out of the controls, you'll be the first to know.

### 10 KNOW WHEN TO LET UP



The parental controls you install on a computer for a seven-year-old probably wouldn't be appropriate for a child of 16 – and as young people approach adulthood, bubble wrapping the internet can do more harm than good. Consider relaxing parental controls as children get older, so they can learn to manage the risks of the internet themselves, without so many training wheels.

# SEND/ Health and Wellbeing



The Disability Resource Centre is an award-winning charity serving Bedfordshire, Milton Keynes, Luton and surrounding areas

We are here to help with:

- Free advice
- Disability equipment
- Free skills workshops
- Direct Payments support
- Support for carers
- Health and wellbeing programmes

Call: 01582 470900

Email: [info@drcbeds.org.uk](mailto:info@drcbeds.org.uk)

Website: [www.drcbeds.org.uk](http://www.drcbeds.org.uk)

The Disability Resource Centre  
Registered charity no. 1041712.

**citizens  
advice**

## Carers Coffee

Come and join us for  
our carers drop-in coffee  
morning hosted by

Hatters Health PCN  
in collaboration with  
Carers Central and Citizens  
Advice Luton

at

Sundon Park Health Centre,  
Tenth Avenue, LU3 3EP.

*10am – 12pm*

*Friday 9<sup>th</sup> August*

*Friday 23<sup>rd</sup> August*

*Friday 6<sup>th</sup> September*

*Friday 20<sup>th</sup> September*

*Then every 1<sup>st</sup> & 3<sup>rd</sup> Friday  
of every month*

# SEND/ Health and Wellbeing



**Autism** BEDFORDSHIRE **CHILDREN'S SERVICES** **Autism** BEDFORDSHIRE

**TENNIS**  
**6 WEEK**

£15 for members

£20 for Non-members

**Riverside Tennis Club**  
Goldington Road, Bedford MK40 3EA

Every Tuesday from  
10th September 2024  
to 15th October 2024

6.30pm - 7.30pm

For ages 10-17 years

**Book Now**

enquiries@autismbeds.org

01234 214871 (general enquiries)

Children/Young People must be supervised at all times by Parent/Carer



**Luton and Bedfordshire Speech and Language Therapy Service**

The Children's Speech and Language Therapy service in Luton and Bedfordshire provide training opportunities for ALL children of ALL ages.

## Virtual Workshops

Many virtual workshops are open to all, some are available for either staff only or parents/carers only, please check the website for details. Topics include;

- Introduction to SLC
- Pre-verbal Communication
- Early Language development
- Speech Sounds
- Makaton
- Questions
- Vocabulary and Narrative

Visit the link below for more information and please book early to avoid disappointment.

[childspeechbedfordshire.nhs.uk/training/](https://childspeechbedfordshire.nhs.uk/training/)

Email: [ccs.beds.childrens.slt.training@nhs.net](mailto:ccs.beds.childrens.slt.training@nhs.net)

# Community



## LUTON FOOTBALL COACHING COURSE



**AT: DENBIGH HIGH SCHOOL**  
**ALEXANDRA AVENUE, LUTON, LU3 1HE**  
**STARTING: TUESDAY 10<sup>TH</sup> SEPTEMBER 2024**

<b>Tuesdays:</b>	Group 1: School Years Reception, Year 1 & 2.....	5.00pm-6.00pm
	Group 2: School Years 3 & 4.....	6.00pm-7.00pm
	Group 3: School Years 5 & 6.....	7.00pm-8.00pm
	Group 4: School Years 7 & 8.....	8.00pm-9.00pm

OR

**AT: STOPSLEY HIGH SCHOOL**  
**ST THOMAS' ROAD, LUTON, LU2 7UX**  
**STARTING: WEDNESDAY 11<sup>TH</sup> SEPTEMBER 2024**

<b>Wednesdays:</b>	Group 1: School Years Reception, Year 1 & 2.....	5.00pm-6.00pm
	Group 2: School Years 3 & 4.....	6.00pm-7.00pm
	Group 3: School Years 5 & 6.....	7.00pm-8.00pm

Dear Parents,

I am pleased to inform you that, due to the huge success of our football courses over the last **23 years**, we are following up the football coaching programme for the season starting September 2024. The course will run for approximately 14 weeks and the programme is for boys and girls aged between 4 and 12.

### About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by **F.A qualified coaches**, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential football techniques, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient **FUN!**
- Children will be supervised at all times, although parents are welcome to stay and watch.
- Each child will be provided with a football for individual practice and their progress will be recorded each week.
- It is an **indoor** course held in the sports hall, therefore children may wear trainers and sportswear.
- **Ex Premier League Birmingham City, West Bromwich Albion and Leicester City player Geoff Horsfield** quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"
- On the final week of the course we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win many other special individual awards and trophies for various skills, including 'premier league' and 'penalty shoot out' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.

The cost of the course is £8 per week; payment is made in 2 simple instalments, with the first payment of £56 for the first 7 weeks due on week 1. (Second payment will not be due until week 8 which will cover the second half of the course).

**Please Note:** With a high response expected and limited places available, bookings will be confirmed on a first come, first served basis. *Mark Frith (course co-ordinator)* [www.soc.cerc.coachinguk.co.uk](http://www.soc.cerc.coachinguk.co.uk)

**TO RESERVE PLACES PLEASE TEXT:**  
**DENBIGH + CHILD'S NAME + AGE + GROUP NO. (1, 2, 3 or 4) OR**  
**STOPSLEY + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)**  
**and receive confirmation by text to: 07827 322780**

# Community

## Learn to Swim with Swift Swimmers in Luton



SWIFT SWIMMERS  
SWIM SCHOOL

### Lealands High School

- Thursday, Saturday & Sunday

### Keech Hydro Pool

- Monday, Friday and Saturday

### Lady Zia Wernher

- Wednesday

- Small group sizes (Max 6)

- Fully qualified swim teachers with experience


- Family run swim school

Learn  
to  
Swim!



Contact us

Email: [enquiries@swiftswimmers.co.uk](mailto:enquiries@swiftswimmers.co.uk)

 Instagram - @swift\_swimmers

 Facebook - swiftswimmersswimschool

Enquire Today!

[www.swiftswimmers.co.uk](http://www.swiftswimmers.co.uk)