

Keeping Happy and Safe



What does being safe mean to you?

Being safe means feeling protected - not being at risk of harm, danger, or something that makes you feel scared or uncomfortable.

When you feel safe, you feel happy and looked after.



Your RIGHTS

Every child in the world, including YOU, has special things called **rights**.

- The right to be **safe**
- The right to **be looked after**
- The right to **say how you feel**
- The right to **learn and play**
- The right to be **treated kindly**

All of the adults here in school are here to help protect your rights.



Who keeps you safe at home?

At school, all of the adults keep you safe too!



How do we keep you safe at school?

All adults wear
ID badges

Gates are locked
and secured

School rules/ uniform

Lots of adults are
first aid trained

All visitors wear
Visitor badges

Adults monitor
playtimes



Our rules

At our school, we follow 3 simple rules that help keep everyone safe and happy.

Be Kind

- Use kind words and actions
- Help others
- Include everyone

Right to be respected and feel happy

Be Safe

- Walk indoors
- Use equipment properly
- Keep hands and feet to ourselves

Right to feel protected and not get hurt

Be Responsible

- Take care of our things
- Make good choices
- Tell the truth

Right to learn, play safely, and be listened to



What can make us feel worried or unsafe?

- Not getting things right
- Finding work too hard
- Other children being unkind
- Falling out with our friends
- Bullying
- Name calling
- Fighting
- People getting into our space



Do you remember BUDDY?



Last year, we had an assembly from NSPCC that told us about how we can keep safe.





Buddy says...

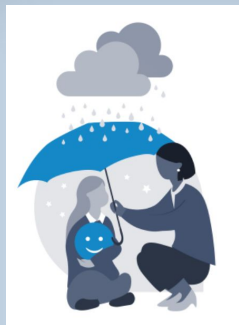
Your body belongs to you and not to anyone else. This means all of your body.

Know the underwear rule. The underwear rule is a simple way of understanding how you can stay safe.

By learning 5 easy sayings, you can help yourself and others, perhaps a younger brother or sister stay safe.







Always REMEMBER...



**Everyone has the right to feel safe
YOU have the right to feel safe!**



What would you do?

You see someone being left out at playtime and looking upset.

- What could you say to the person?
- Who could help?

Be kind. Everyone has the right to be included.



What would you do?

Someone you know tries to touch a part of your body that's private.

- What does the PANTS rule say?
Who can you tell?

REMEMBER your body belongs to you. PANTS are private. Always speak up.



What would you do?

Your friend tells you a secret that makes you feel worried
- like someone is hurting them or making them feel
scared.

- Should you keep the secret?
- What would a trusted adult say?

Safe secrets feel good. Worrying secrets should be told
to an adult.



What would you do?

You see someone breaking the school rules and doing something unsafe - like climbing on furniture or throwing things.

- How can you be responsible?
- Is it telling tales, or helping keep people safe?

Be responsible. Rules are there to keep everyone safe.



What would you do?

You don't feel safe with something that's happening at home or outside school, but you're not sure who to talk to.

- Who could you go to in school?
- What if it's hard to say?

You have the right to be safe - you can talk to a trusted adult anytime.



Can you remember what we have learnt?

- Are PANTS private?
- Who does your body belong to?
- What do we do if something feels wrong?
- What are our three school rules?
- Do children have rights?



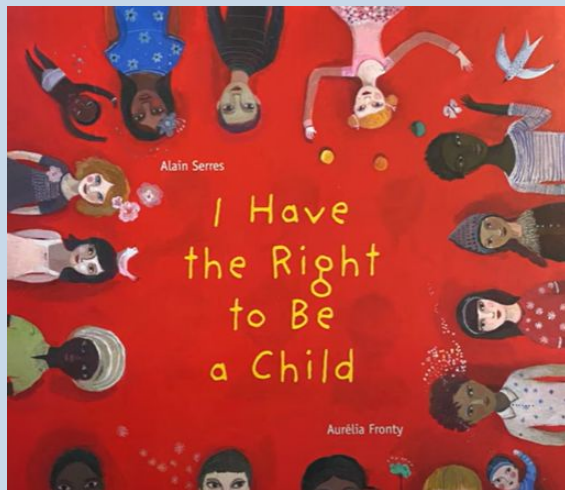
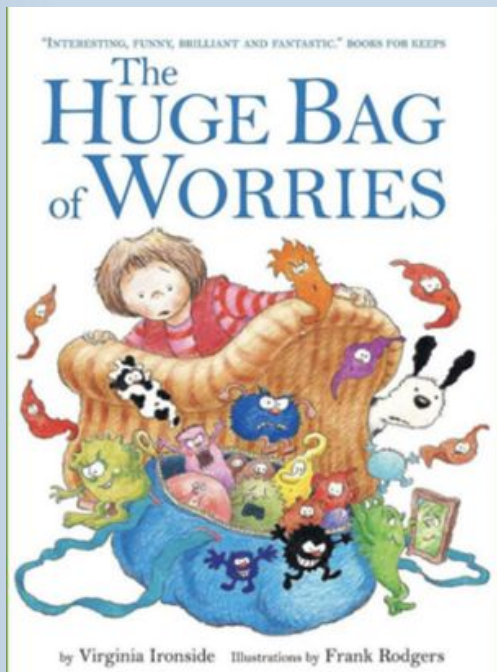
Reflection Time

- Children have rights - to be safe, heard, respected, and cared for.
- School rules help protect those rights.
- Your body belongs to you - PANTS are private.
- Trusted adults are here to help.
- Being kind, safe, and responsible helps everyone.



Click on the links ...

PANTS rule



You can create posters about children's rights or the school rules

