



# Foxdell Primary School

Growing, Learning and Achieving Together

## Early Help Offer

At Foxdell Primary School, we recognise that family life can sometimes become complicated and sometimes our families may be trying to manage what seems like endless challenges. Many factors can contribute to these challenges such as living conditions/ accommodation, financial situations, bereavement, addictions or other sudden changes that impact mental or physical illnesses. At such times, we aim to provide Early Help to assist in minimising the challenges and to improve the outcomes for the children.

### What is Early Help?

Early help, also known as early intervention, is help given to children and families as soon as any problems begin to emerge. Early Help helps to minimise the negative impact on the child or young person and can be provided at any stage in a child or young person's life. The purpose of early help is to prevent issues and problems becoming serious and harmful to a child or young person, their family or the community. When children and families need extra support, they often need it quickly.

### Research suggests that early help can:

- protect children from harm
- reduce the need for a referral to child protection services
- improve children's long-term outcomes

(Haynes et al, 2015)

The main focus of Early Help is to improve the outcomes for children, however, early help can be provided to parents, children or whole families. Please see the information for details of the range of ways in which we provide Early Help and how we can assist or help you to find the support that you need.

Early Help Support	Summary of support
Class Teacher/ class based staff	Class teachers and class based staff are the first point of contact for any issues. Parents/carers are encouraged to speak with their child's teacher if any concerns arise. Teachers are responsible for the well-being of all the children in their class and if the teacher feels that further intervention is required, they will refer this to the appropriate staff and ensure that the suitable support is in place as soon as a need is identified.
Inclusion Manager/ SENDCo	<p>The Inclusion Manager/ SENDCo provides support for children and for families of children with special educational needs or disability by:</p> <ul style="list-style-type: none"> <li>• Carrying out assessments of needs and make referrals to external agencies</li> <li>• Meeting with parents to discuss concerns and ways forward</li> <li>• Signposting and providing access to SENDIASS (Special Educational Needs and Disabilities Information Advice Support Service)</li> <li>• Signposting to external agencies and training</li> </ul> <p>The Inclusion Manager/ SENDCo is also the Designated Teacher for Looked After Children</p>
Family Worker Team	<p>We have a Family Worker team who work closely with our families. They provide a range of support including:</p> <ul style="list-style-type: none"> <li>• Induction meeting with new families/ home visits for families with children starting school</li> <li>• Translation for main community languages</li> <li>• Information and signpost to services in the local area</li> </ul>

	<ul style="list-style-type: none"> <li>• Support for families living in challenging circumstances and liaising with a range of external services such as housing, financial crisis, mental health support, bereavement, medical, Luton All Womens Centre, Womens Aid, Law centre, Luton Rights, Southall Black Sisters, empowering education, etc.</li> <li>• Support with attendance – home visits for non-attendees</li> <li>• Assistance in completing paperwork and forms e.g. in year school applications, free school meals applications, high school applications, benefits, housing, foodbank vouchers, attendance and support at school and other agency meetings</li> <li>• TAF meetings with families</li> <li>• Advice and support in promoting positive behaviour at home. They arrange parenting courses run by external agencies, such as Luton Adult Learning</li> <li>• Guidance with career and personal development and access to training and workshops in school eg through Luton Adult Learning and Empowering Education</li> <li>• Parents' evenings</li> </ul> <p>The Family Worker Team are also part of the Designated Safeguarding Team</p>
Drawing and Talking (Mental health and wellbeing/ Emotional support)	<p>Drawing and Talking is a therapeutic approach to support children that have emotional difficulties which may be affecting their mental health and well-being. The identified children receive a 20 minute session each week where children are encouraged to draw with our trained members of staff, who talk to them as they draw. This approach allows children to discover and communicate their feelings through a non- directed technique.</p>
Thrive (Mental health and wellbeing/ Emotional support)	<p>Thrive is an approach that supports children with their emotional and social wellbeing. At the start of this intervention, an individual assessment is carried out for the pupils which then offers practical strategies and techniques to support the pupils' emotional and social development.</p>
Lego Therapy	<p>We have trained staff across the school that are able to deliver lego therapy to children that struggle with social development. Lego therapy uses LEGO activities to support the development of a wide range of social skills within a group setting. Lego therapy supports the development of a range of skills including social interaction, turn-taking skills, sharing, collaborative problem-solving and it can be used to target language and motor skills.</p>
Zones of Regulation	<p>We use the Zones of Regulation curriculum to develop social- emotional skills and to teach children strategies to regulate their emotions and behaviour. This curriculum is for every child. All children learn emotions linked to different colours and are taught strategies to manage their emotions in a positive manner.</p>
Behaviour	<p>All school staff, including admin and the site agents, are trained in the Therapeutic Thinking approach. This is a trauma-informed approach to behaviour for educational settings which focuses on how all children and young people are to be supported, particularly in terms of their emotional wellbeing and mental health. This graduated approach to managing behaviour, which begins with a universal offer for all, ensures all pupils are supported with their specific needs as and when they arise.</p> <p>We also work closely with the Hillrise Provision which is part of our South Area partnership. The provision provides support and strategies to improve pupil behaviour and enable them to access mainstream education.</p>

ASPIRE Club	Every lunch time, we offer an ASPIRE club at each site. The purpose of this is to support children that struggle with social, emotional and/ or behavioural needs. The purpose of this club is to build their skills and develop strategies through a range of activities and interactions with smaller groups.
Speech and Language Therapist	We work with a private Speech and Language Therapist who spends one day a week in school to assess and support communication development for our learners. Our therapist produces programmes and works with staff to develop a communication immersive environment. These programmes are individually shared with parents and carers to allow a consistent approach between home and school.
Young Carers	Young Carers is support for young people that are providing a caring role within the home either for a sibling/ parent/grandparent. This support includes monthly group sessions with a trained professional from CHUMs. This is an opportunity for the young carers to raise their voice, share their concerns and receive support to manage their situation. These sessions also enable further support to be implemented if required which may include holiday and weekend clubs.
External agencies: CAMHs/ CHUMs/ Tokko/ Education Psychologist/ School Nursing Team	<p>We work with many agencies to provide mental health and well being support. We have a school link worker from CAMHs who meets with our SENDCo and Family Workers each half term to discuss children that may require additional social and emotional support. We are a host school for the Mental Health Schools Team and we receive 1:1 and group mental health sessions for identified children to include Brain Buddies and Wheels of Emotions.</p> <p>We receive Educational Psychologist (EP) support who works closely with the SENDCo to identify needs of key children and provide reports and strategies.</p> <p>The School Nursing Team has assigned a school nurse who provides support and advice about health and medical needs.</p>
Safeguarding and Child Protection Procedures	<p>All staff at Foxdell have received Level 1 safeguarding training and they understand their role in ensuring safeguarding practices at all times. We recognise that information sharing and timely effective support ensures that the needs of all children and families are met. Staff know their role in identifying the needs of vulnerable children (and their families) and the need for early help and intervention. Staff understand that all information must be factual and accurate and any concerns must be reported appropriately.</p> <p>We have a Designated Safeguarding Team who have received Level 3 Safeguarding and Child Protection Training and they are able to provide support, advice and signpost as appropriate.</p>
Family Parent Partnership (FPP)	<p>The Family Partnership service provides intensive support to families whose circumstances indicate that without support their difficulties could worsen and the children or young people would be 'in need' or at 'risk of significant harm'. This could include parenting, mental health, domestic violence, substance misuse, crime and anti-social behaviour, preventing homelessness and SEND support.</p> <p>There are many approaches that the service may use to identify the support and this may include:</p> <ul style="list-style-type: none"> <li>• Direct support by a family support worker which includes joint home visits with school Family Workers</li> <li>• Identification of services either commissioned or provided by other partners within the community or specialist services</li> <li>• If issues are acute or chronic and impair the child and young person's health, they will be supported by children's social care service, together with Family Partnership Service</li> </ul>
Operation Encompass	<p>We are an Operation Encompass school. Operation Encompass aims to reduce the long-term impacts of domestic abuse by providing early intervention and support.</p> <p>When the police attend incidents of domestic violence or abuse where children are directly or indirectly involved, they notify the designated safeguarding lead at the school before the start of the next school day. The safeguarding lead then makes sure the child gets the support that they need.</p>
Food Bank/ Salvation Army/	Our Family Workers and Attendance Officer work with a range of charities and agencies to provide support for our families including:

Level Trust/ Crisis Aid/ Education Welfare Service Discover Islam	<ul style="list-style-type: none"> <li>• Food Bank- Referrals for food parcels</li> <li>• Salvation Army- Christmas toys appeal/ Christmas gift bags</li> <li>• Level Trust- Shoe and coat vouchers / Energy Top-Ups for identified families</li> <li>• Crisis Aid- Hats and gloves appeal</li> <li>• Hygiene packs</li> <li>• Discover Islam – Ramadan Food packs</li> </ul>
Attendance	<p>We have a school Attendance Officer and a senior school attendance lead. Attendance is monitored as follows:</p> <ul style="list-style-type: none"> <li>• Letters are sent home to any families where the pupils attendance falls below 95% and this is followed up with warning letters</li> <li>• The attendance officer carries out half termly attendance monitoring</li> <li>• Family Workers work with families where there are attendance concerns</li> <li>• On the first day of absence, a phone call is made home and/ or home visit is conducted</li> <li>• Home visits are carried out by Family Workers and the SLT when attendance concerns require investigation</li> <li>• High mobility groups and those requesting leave of absence are monitored closely</li> <li>• Regular reporting to Governors around attendance</li> <li>• Weekly Class Award for the best attendance and rewards for 100% attendance</li> <li>• School nursing service referrals for medical conditions that affect attendance.</li> </ul>
Adult Learning/ Family Learning	<p>Our Family Worker Team work with external agencies to offer support for families including:</p> <ul style="list-style-type: none"> <li>• ESOL and ICT classes for parents</li> <li>• Parents' Zumba classes</li> <li>• Tips for supporting your child with Maths and English</li> <li>• Parenting courses</li> </ul>
Local Community	<p>Our work with the community includes:</p> <ul style="list-style-type: none"> <li>• Holding community events e.g. school fair, Christmas events</li> <li>• Religious visitors as part of the RE curriculum</li> <li>• Raising money for chosen charities such as The Children's Society, Children in Need, Poppy Appeal, etc.</li> <li>• Hosting Macmillan Coffee mornings</li> <li>• Donations from community e.g. sponsored events</li> <li>• Community Links such as Dallow Cares, Fire, PCSO (Police Community Support Officer), local businesses</li> <li>• Hosting camps for pupils to access during school holidays</li> <li>• Social Prescription (Total Wellbeing Luton)- Social prescription helps people to live well by connecting them with activities and people in their local communities</li> </ul>

### Our Safeguarding Team

<b>Designated Safeguarding Lead (DSL)</b>	Mrs R Nisar (Headteacher)
<b>Deputy Designated Safeguarding Leads (DDSL)</b>	Mrs R Hilton (Deputy Head Teacher) Mrs R Kapadi (Deputy Head Teacher) Mrs A Ahmed, Mrs R Rahman, (Family Worker Team)

**Our contact details are:**

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Telephone Number: 01582 733764

**Key:**

LAC	Looked After Child
CHUMS	Mental Health and Emotional Wellbeing Service
CAMHs	Child and Adolescent Mental Health Service
SENDCo	Special Educational Needs and Disability Coordinator
EP	Education Psychologist
TAF	Team Around the Family